








Yoga Zone – Kursplan & freies Training

Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Sonntag
8:00–10:30 FREIES Training		8:00–10:30 FREIES Training	8:00–9:15 FREIES Training		
	9:00–12:30 FREIES Training	10:30–11:30  YOGA ZONE	10:15–12:30 FREIES Training	8:00–17:15 FREIES Training	9:30–13:00 FREIES Training
11:30–16:00 FREIES Training		11:30–17:30 FREIES Training			Bitte zu den Kursen anmelden über die App oder im Web unter bit.ly/mysports-gpn
		17:30–18:30  YOGA ZONE	15:30–19:30 FREIES Training	17:15–18:15  YOGA ZONE	
17:00–20:00 FREIES Training	17:00–20:00 FREIES Training	19:00–20:00  YOGA ZONE			 Physiotraining Noll Vogelstr. 4–8 66538 Neunkirchen T: 06821-919662 E: info@pt-noll.de www.physiotraining-noll.de

Gültig ab: 21.10.24 Änderungen vorbehalten.

Stand:1.10.24